



GOTR of NOVA Assistant Coach Job Description

Coaching a Girls on the Run program is the most rewarding way to get involved with Girls on the Run. Coaching provides a first hand experience of the program and a sense of accomplishment that you have made a difference in the lives of the girls.

POSITION INFORMATION: The assistant coach is a volunteer position that works with a team of coaches to facilitate the Girls on the Run curriculum to program participants. This position works closely with the program head coach and requires approximately three hours per week during the ten week season with additional time required on one weekend day for our 5k run.

QUALIFICATIONS:

- If an assistant coach is going to run practice in absence of the program head coach she must meet the qualifications listed below as well as meeting head coach qualifications including having current CPR certification, be a female of at least 21 years, and have attended GOTR NOVA coaches training.
- A strong belief in the mission of Girls on the Run
- Excellent communication and organizations skills
- Ability to work with pre-teen girls
- Ability to work as a team with head coach GOTR NOVA
- Consent to a background check conducted by GOTR NOVA
- Agree to abide by all GOTR policies and requirements

RESPONSIBILITIES:

- Understanding and believing in the mission of the organization.
- Serving as a role model for program participants; inspiring and motivating them to believe in the Girls on the Run mission.
- Complying with administrative requirements of GOTR NOVA and maintaining communication with GOTR NOVA.
- Assisting head coach during program practice as well as assisting in the planning and coordinating the end of season celebration.
- Assisting head coach organizing and distributing race packets for the 5k run.

