



Girls on the Run of NOVA 10560 Main Street, Suite 514, Fairfax, VA 22030

# Press Release

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**GIRLS ON THE RUN OF NORTHERN VIRGINIA RECOGNIZED ON HOUSE AND SENATE  
FLOORS IN RICHMOND FOR ITS WORK WITH GIRLS IN THE COMMUNITY**

The Girls on the Run of NOVA team traveled to the Virginia State Capitol in Richmond on February 20, 2010 to personally meet the entire Northern Virginia Delegation (37 members), and raise awareness of Girls on the Run. GOTR NOVA was recognized for its work serving girls in Northern Virginia on both the House and Senate floors, before 140 delegates, senators and staff.

Girls on the Run® is a non-profit organization with the mission of educating and preparing girls ages 8-13 for a lifetime of self-respect and healthy living. The innovative, experiential program combines training for a 5k running event, with self-esteem enhancing lessons that encourage positive emotional, social, mental, spiritual, and physical development.

More than 3000 girls in over 200 N.Virginia schools participate in the program, the largest chapter of Girls on the Run in the country.

For more information: [www.gotrnova.org](http://www.gotrnova.org)

